

# Sandy's Children's Songs

[Sandy Grant] – [Clarinet]

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# Braindump re Sandy's children's songs

## Background

I have been working as a casual with children aged 0-6 years in long daycare for over 5 years. I sing nursery rhymes and other children's songs as part of my interaction with the children.

My songs mostly began spontaneously, using existing tunes in my head, in 2008. I have sung these to children in 5 centres and had favourable responses. Some songs involve simple actions.

I am neither a trained singer, nor a musician. I could sing the songs on the recordings, but am not attached to this idea. One song needs male, female and group voices.

## Relevance

My songs reflect everyday childcare situations such as

- Reassuring children/giving them a sense of time
- Giving instructions (children listen when they are sung!)
- Empowering children (based on observations of their issues)
- Improving literacy, numeracy, musicality, health, exercise; developing fine & gross motor skills
- Entertainment

Additionally, the Australian childcare industry has introduced the National Quality Framework/Early Years Learning Framework in 2012 with an emphasis on children Being, Belonging and Becoming. I believe my songs contribute to children's development in these areas.

## Vision

"Publish" the songs in audio, print, and maybe video in a simple, yet professional manner (think "Playschool")

- For children (reasons above)
- As a teaching resource in childcare
- As a teaching/learning resource for English as a second language
- To promote a better tomorrow

## Method of "publishing"

We briefly discussed various options including

- Distribution by Australian organizations who service childcare organizations through training, publications, music, toys, etc
- You-tube video
- I-tunes download
- Website – PDF of instructions
- Combination of the above

## Resources/Costs

I understand you, Wayne, can provide musicians (including yourself); are able to record sound and/or video; and can upload to internet.

I have limited financial resources, so would need to agree a budget, and do things cost-effectively.

## Scope/Remuneration

The focus is on getting it widely distributed and used at an affordable price.

The internet would enable this to be worldwide. (e.g. a friend in Argentina, who teaches English as a second language, is already interested)

Whilst the object is not primarily to make money from it

- I don't want someone else to use it and make money from it without getting any financial benefit myself
- People tend to respect and use things more when they pay for it rather than getting it for free
- I believe there should be an energy exchange of some sort

I am not seeking to get "something for nothing" from you/other musicians involved. I feel that you should be reimbursed for any costs, and benefit from any money made.

### Charity

I am happy for money raised to go to charity. My preference would be children's charity & literacy.

I will have to investigate further how this can be done.

[At some point I would like to have my own self-funded, sustainable charitable foundation which empowers people, particularly young Australians. I have some ideas for this, including involving my creative pursuits of dancing, books, children's stories, guided meditations, poetry, card design, inspiration ... and songs? None of these are published commercially at this time.]

### Copyright

I would want to ensure that there is no breach of copyright with the tunes. All the song lyrics are original (though not sure about the Swimming song – if it is a development of an existing song.)

### Material Available

I have the lyrics written. The actions for Counting and Swimming songs are in my head. I have made some notes on the relevance of each to the National Quality Framework, i.e. skills/benefits.

### Songs

<i>Child tested</i>	<i>Song</i>	<i>Tune</i>	<i>Demo actions</i>
Yes	Counting to 20	Twinkle little star	Yes
Yes	Cover your nose/mouth	Yellow brick road (Wizard of Oz)	?
No	Empowerment (I am strong)	Hungry, Hungry *	No
No	Friends (pronouns)	?	No
Yes	Hat on	Frere Jacques	No
Yes	I can do it	Frere Jacques	No
Yes	Mummies and daddies are coming soon	Here we go round the mulberry bush	No
Yes	Please and thank you	Frere Jacques	No
Yes	Swimming	?	Yes
No	Words and feelings	Three blind mice	No
No	Exercise song	?	Yes

\* Hungry, hungry is from Playschool's John Hamblin between 1970-1999 and is from The Super Supper March by Dr Seuss. Not sure if this is also the name of the tune.

Some songs are only 6 lines long (but could be repeated).

### Next Steps

- Make demo recording for you to hear
- Distribute these notes to people who may be interested in being involved in the project
- Meet to discuss further

## Counting to 10 in Spanish/English Song

♩=120

U - no, dos, tres Cua-tro, cin-co, seis Si - e - te, o - cho, nue-ve, Di - ez, di - ez, di - ez.

5  
One, two, three Four, five six Se - ven, eight, nine Ten, ten, ten.

B. C.

## Counting to 20

1  
One, two, three, four, five, six, se-ven, eight, nine, ten, one more makes e - lev-en. Twelve, thir-teen, four-teen, fif-teen,

13  
six - teen, se - ven - teen, eight - een, nine - teen, One more now makes

19  
num - ber twen - ty. Ten & ten to - geth - er makes twen - ty.

## Cover your nose

1 (ar-choo!) (ar-choo!)  
Co-ver your nose when you sneeze, Co-ver your nose when you sneeze,

5 (ar-choo!)  
Co-ver your nose, cov-er your nose, co-ver your nose when you sneeze, And

B. C.

9 *(Cough, cough!)* *(Cough, cough!)*

co - ver your mouth when you cough, co - ver your mouth when you cough,

B. C.

13 *(Cough, cough!)*

Co - ver your mouth, co - ver your mouth co - ver your mouth when you cough. We

B. C.

17

don't want all your germs, on oth - er boys and girls. So,

B. C.

21

co - ver your nose, co - ver your mouth, when you sneeze and cough.

B. C.

# Dinosaur Rap

1  $\text{♩} = 180$  (everyone) (everyone)

My name is Di-no I used to "roar", When I was a-live as a di-no- "saur". All that's left of me these days, is a

8 (everyone)

"pile of bones", on dis-play. My skel-e-ton is all that you can see. In fact, it's true, you can see through me. They

14

dug me up, bone by bone, from un-der the ground where I was found. They put me to-geth-er piece by piece. It was

20

har-der than a gi - ant jig-saw puz-zle. It's fi-nal-ly done as you can see. Now they need to find some

25

friends for me. It may take a while but that's o - kay. I was-n't real-ly do-ing much, an - y - way!

# Empowerment Song

(Tune: Playschool's 'Hungry, hungry, I am hungry')

1  $\text{♩} = 130$

I am strong and fit and health - y I eat lots of fruit and veg - es. \_\_\_\_

Cl.  $\text{♩} = 130$

5

Wa - ter is my fav - 'rite drink My brain needs wa - ter to help it think.

Cl.

I am very, very clever  
I know what is right and wrong  
I can choose to do the right thing  
I teach others by what I do.

I am very, very lucky  
Lots of friends to play with me  
We share time and toys together  
Everybody is my friend.

I am very, very grateful  
I have everything that I need  
I help others, they help me  
That's the way the world should be.

I am very, very happy  
I make others happy too  
When I smile I feel much better  
Other people start smiling too.

I am very, very brave  
I try new things every day  
Sometimes I may need to practice  
I know everything will be okay.

I feel good about myself  
I'm the best that I can be  
I know I'm a special person  
I'm so happy to be me.

# Friends

1  $\text{♩} = 140$

I am a boy, my name is \_\_\_\_\_ I like my - self yes, I like me.

Cl.

I am a girl,  
My name is \_\_\_\_\_  
I like myself,  
Yes, I like me.

You are a girl,  
You like yourself.  
Your name is \_\_\_\_\_  
I like you too.

My friend is a girl,  
Her name is \_\_\_\_\_  
She likes herself  
I like her too.

You are all friends  
You like yourselves  
You like me and  
I like you.

You are a boy,  
You like yourself.  
Your name is \_\_\_\_\_  
I like you too.

My friend is a boy,  
His name is \_\_\_\_\_  
He likes himself  
I like him too.

We are all friends  
We like ourselves  
We like friends and  
Friends like us.

They are all friends  
They like themselves  
They like me and  
I like them.

# Hat On

(Tune: Frere Jacques)

1  $\text{♩} = 140$

Hel - lo \_\_\_\_\_ Hel - lo \_\_\_\_\_ Where's your hat? Where's your hat? Need to put it on please,

6

Need to put it on please, Thank you ve - ry much. Thank you ve - ry much.

# Please and Thank You

(Tune: Frere Jacques)

1

1 Please and Thank you, Please and Thank you, That's what we say, That's what we say,  
H. That's what we say, That's what we say,  
Tri.

5

5 Pleasewhen you want it, Thank you when you get it, Thank you ve - ry much. Thank you ve - ry much.  
H. Thank you ve - ry much. Thank you ve - ry much.  
Tri.

Detailed description: This block contains the musical score for the song 'Please and Thank You'. It is written for three parts: Soprano (S), Alto (A), and Tenor (T). The key signature has one sharp (F#) and the time signature is 4/4. The score is divided into two systems. The first system starts at measure 1 and ends at measure 4. The lyrics are: 'Please and Thank you, Please and Thank you, That's what we say, That's what we say,'. The second system starts at measure 5 and ends at measure 8. The lyrics are: 'Pleasewhen you want it, Thank you when you get it, Thank you ve - ry much. Thank you ve - ry much.' The Alto and Tenor parts have some rests in the first system.

# I can do it

(Tune: Frere Jacques)

1

1 I can do it, I can do it, Yes I can, Yes I can,  
5

5 I know I can do it, I know I can do it, When I try, When I try.

Detailed description: This block contains the musical score for the song 'I can do it'. It is written for a single voice part. The key signature has one sharp (F#) and the time signature is 4/4. The score is divided into two systems. The first system starts at measure 1 and ends at measure 4. The lyrics are: 'I can do it, I can do it, Yes I can, Yes I can,'. The second system starts at measure 5 and ends at measure 8. The lyrics are: 'I know I can do it, I know I can do it, When I try, When I try.'

# The Exercise Song

1  $\text{♩} = 160$

1 Blink your eyes. O - pen, shut, O - pen, shut, O - pen, shut, O - pen your eyes. Move them  
Cl. down then up, down then up. Move your eyes, round and round, Look at the sky then look at the ground.  
6

6 down then up, down then up. Move your eyes, round and round, Look at the sky then look at the ground.  
Cl.

12

12 Gent-ly move your head a-round. Lift it up thenmove it down. Slow-ly look, to one side, Hold it there andcount to five.

Detailed description: This block contains the musical score for 'The Exercise Song'. It is written for a Clarinet (Cl.) part. The key signature has three sharps (F#, C#, G#) and the time signature is 4/4. The tempo is marked as quarter note = 160. The score is divided into three systems. The first system starts at measure 1 and ends at measure 5. The lyrics are: 'Blink your eyes. O - pen, shut, O - pen, shut, O - pen, shut, O - pen your eyes. Move them'. The second system starts at measure 6 and ends at measure 11. The lyrics are: 'down then up, down then up. Move your eyes, round and round, Look at the sky then look at the ground.' The third system starts at measure 12 and ends at measure 16. The lyrics are: 'Gent-ly move your head a-round. Lift it up thenmove it down. Slow-ly look, to one side, Hold it there andcount to five.'



20 *(everyone)* *(everyone)*



1, 2, 3, 4, 5. Slow-ly look to the oth-er side. Hold it there and count to five. 1, 2, 3, 4, 5.

28



Time to life your shoul-ders up. Hold them there,now let them drop. Life your shoul-ders up a - gain.

34



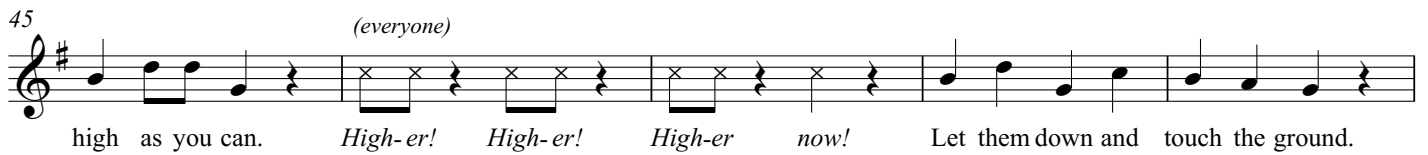
Hold them there,now down a - gain. Lift your arms up ve - ry high. Stretch your fin-gers to the sky.

40



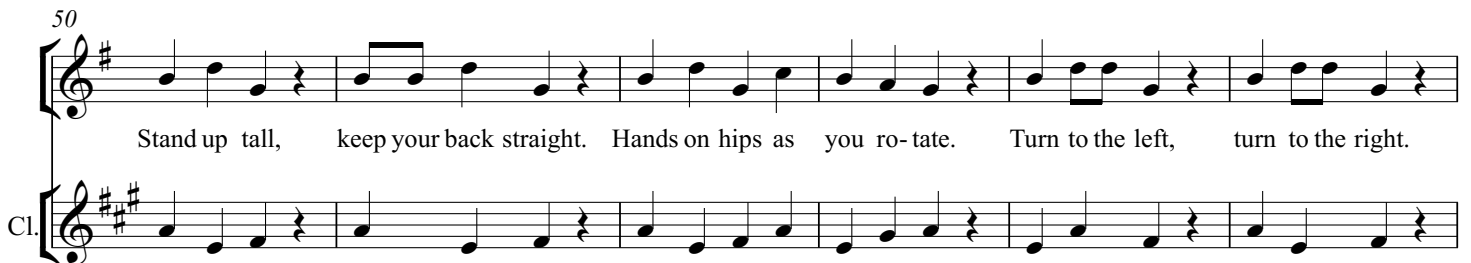
Time to let your arms hang down. Then bend o - ver and touch the ground. Lift your arms as

45 *(everyone)*




high as you can. *High-er! High-er! High-er now!* Let them down and touch the ground.

50



Stand up tall, keep your back straight. Hands on hips as you ro-tate. Turn to the left, turn to the right.

56



Back to the left,and a - gain to the right. Bend your knees go Down,then up. Down,then up. Down,then up.

62



Shake your hands, roll them a - round, give your-self a hug then turn a - round.

66



Shake your feet, All a - round. Now sit down qui - et - ly with - out a sound.

# Mummies & Daddies are coming soon (Tune: Here we go round the Mulberry Bush)

1 **A**

Mum-mies and dad-dies are com-ing soon, com-ing soon, com-ing soon. Mum-mies and Dad-dies are com-ing soon, they're

B. C.

7 **B**

com-ing to take you a - way. But first we're go-ing to have a play, first we're go-ing to have a play, first we're go-ing to

B. C.

14

have a play, be - fore we have morn-ing tea. And af - ter morn-ing tea, and af - ter morn-ing tea, We'll

B. C.

21

have a-noth-er play, we'll have a-noth-er play, we'll have a-noth-er play, Be - fore we have our lunch. And

B. C.

29 **C**

af-ter we've had our lunch, af-ter we've had our lunch, We'll have a sleep or rest time, we'll have a sleep or rest time, we'll

B. C.

37

have a sleep or rest time, be - fore we have af-ter-noon tea. And af - ter af-ter-noon tea., and af - ter af-ter-noon

B. C.

44

tea. We'll have a-noth-er play then we'll have a-noth-er play then, we'll have a-noth-er play and then,

B. C.

51 **D**

Mum-mies and dad-dies are com-ing soon, com-ing soon, com-ing soon. Mum-mies and Dad-dies are com-ing soon, they're

B. C.

57

com-ing to take you a - way. They're com-ing to take you a - way (ha hah) They're com-ing to take you a - way. They're

B. C.

63 **E**

com-ing to take you a - way, (ha hah) They're com-ing to take you home. They're com-ing to take you home (ha hah) They're

B. C.

69

com - ing to take you home. At the end of the day you can - not stay, the

B. C.

73

teach-ers go home and you can't be a - lone. And that is why you have to go home!

B. C.

# The Swimming Song

1  $\text{♩} = 110$

Swim - ming, swim - ming, in my swim-ming pool. Swim - ming, swim - ming, in my swim-ming pool.  
 Back - stroke, back - stroke, Back - stroke, back - stroke,  
 Breast - stroke, breast - stroke, Breast - stroke, breast - stroke,  
 Butter - fly, butter - fly, Butter - fly, butter - fly,

Tri

5

Kick, kick, kick, kick, kick, kick, kick. Kick, kick, kick, kick, kick, kick, kick. Kick, kick, kick, kick, kick, kick, kick.

Tri

8

Kick, kick, kick, kick, kick, kick, kick. Kick, kick, kick, kick, kick, kick, kick. Kick, kick, kick, kick, kick, kick, kick.

Tri

# Words & Feelings

(Tune: Three Blind Mice)

1  $\text{♩} = 100$

I have words. I have words. I use my words. I use my words. I

Tri

5

use them to tell you what's hap-pened to me. I use them to tell you what I need. I

Tri

7

use them to tell you how I feel. I have words.

Tri

9  $\text{♩} = 60$

I feel sad. I feel sad. It makes me cry. It makes me cry. I'm

B. C.

13

sad when you don't want to play with me. I'm sad when you stay a - way from me. I'm

B. C.

15

sad when you say you're not my friend. I feel sad.

B. C.

17  $\text{♩} = 110$

I feel hap-py! I feel hap-py! It makes me smile. It makes me smile. I'm

B. C.

21

hap - py when\_ you play with me. I'm hap - py when you stay near me. Im

B. C.

23

hap - py when you say you're my friend. I feel ha - py!

B. C.